

The NHS logo, consisting of the letters 'NHS' in white on a blue rectangular background.The number '111' in white on a blue triangular background.

**For urgent medical help in
Merton and Wandsworth
contact **111** first to get
help quickly and safely**

**Talk before you walk to avoid busy
Emergency Department (A&E)
waiting rooms**

NHS 111 is now able to book same day appointments across a range of health services, for people in Merton and Wandsworth who need urgent care and support.

Our trained health advisors, including hospital doctors, nurses, GPs, paramedics and pharmacists are available 24/7 to help you get the right care close to where you live.

If your care is urgent, but not life-threatening, you could be given a scheduled arrival time at the Emergency Department (A&E), meaning shorter waiting times and safe social distancing in hospital to protect you and others from coronavirus (COVID-19).

Use 111
first

**help us
help you**

We're here when you need us

Merton and Wandsworth's GPs can see you online, by phone or in person, so don't delay if you feel unwell.

In addition, NHS 111 can make direct appointments with a range of services we have in the borough. This includes your local Urgent Treatment Centre, mental health services, dental care and pharmacists for urgent repeat prescriptions and advice.

Please only go straight to the Emergency Department (A&E), if you or someone with you needs immediate care for something that is very serious, including breathing difficulties, chest pain, life-threatening injuries or a loss of consciousness. If you are unsure, just contact 111.

Just contact 111

Available 24 hours a day, 7 days a week

- go to **111.nhs.uk** (for people aged 5 and over only)
- call **111 for FREE** from a landline or mobile phone (all ages)

To find our more, visit

**[swlondonccg.nhs.uk/
nhs111mertonandwandsworth](https://swlondonccg.nhs.uk/nhs111mertonandwandsworth)**