

# Speak to your doctor if you have a health worry

If you have had any of these signs or symptoms you must speak to your doctor:



- a pain that you have had for 3 or more weeks



- a lump which you did not have before



- blood in your poo or wee

It might not be anything serious, but if it is cancer, finding it early makes it easier to treat.



Speak to your doctor, they are here to see you safely.

Find out more at  
[nhs.uk/cancersymptoms](https://www.nhs.uk/cancersymptoms)

Clear on  
cancer

help us  
help you