

**‘It’s just a bit of blood.  
It’s just a little lump.  
That pain just won’t go.’  
Just speak to your GP**

**If you’ve had unexplained bleeding,  
such as blood in your poo or pee, a  
lump or a pain that lasts three weeks  
or more it could be a sign of cancer.**

**It’s probably nothing serious, but finding  
cancer early makes it more treatable.**

**Your NHS is here to see you, safely.  
Just speak to your GP.**

**For more information visit  
[nhs.uk/cancersymptoms](https://www.nhs.uk/cancersymptoms)**

**Information from the NHS.**

**Help Us Help You –  
Clear on Cancer**



**help us  
help you**