

**‘It’s just a bit of blood.
It’s just a little lump.
That pain just won’t go.’
Just speak to your GP**

If you’ve had unexplained bleeding, such as blood in your poo or pee, a lump or a pain that lasts three weeks or more it could be a sign of cancer.

It’s probably nothing serious, but finding cancer early makes it more treatable.

**Your NHS is here to see you, safely.
Just speak to your GP.**

**For more information visit
[nhs.uk/cancersymptoms](https://www.nhs.uk/cancersymptoms)**

Information from the NHS.

**Help Us Help You –
Clear on Cancer**



**help us
help you**