

Boost your immunity this winter with the flu vaccine and COVID-19 booster

Flu and COVID-19 can both be life-threatening and spread more easily in winter. If you're over 50 or in an at risk group, you are eligible for a free flu vaccine and a COVID-19 booster.

Get vaccinated.

Get boosted.

Get protected.

**To find out more visit:
[nhs.uk/wintervaccinations](https://www.nhs.uk/wintervaccinations)**

Information from the NHS.